



**NOVEMBER 2024  
 DELIVERY HOURS BETWEEN 11AM-1PM  
 PLEASE RETURN COLOR COPY FILLED OUT BY OCT 22<sup>nd</sup>**

				<b>FRIDAY NOVEMBER 1<sup>st</sup></b>
<b>Entrée (Please Circle One)</b>				<b>Country Fried Steak &amp; Gravy Or Burgundy Turkey Cutlets</b>
<b>Side Dishes</b>				<b>Garlic Mashed Potatoes &amp; Cauliflower &amp; Red Pepper</b>
<b>Dessert (Please Circle One)</b>				<b>Pumpkin Cookies Or Ambrosia</b>
<b>Evening Meal</b>				<b>Chicken Salad on White Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

\_\_\_\_\_ (# of days) X \$17.50 = \_\_\_\_\_  
 \_\_\_\_\_ Weekly rate for five deliveries per week = \$77.50  
 \_\_\_\_\_ Yes, I would like milk with my meal (\$.60/day for 2 milks) = \_\_\_\_\_  
 TOTAL: \_\_\_\_\_



A non-for-profit organization serving seniors in their homes since 1994

**(773) 631-5673**



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	<b>MONDAY NOVEMBER 4<sup>th</sup></b>	<b>TUESDAY NOVEMBER 5<sup>th</sup></b>	<b>WEDNESDAY NOVEMBER 6<sup>th</sup></b>	<b>THURSDAY NOVEMBER 7<sup>th</sup></b>	<b>FRIDAY NOVEMBER 8<sup>th</sup></b>
<b>Entrée (Please Circle One)</b>	<b>Beef Stroganoff Or Cheesy Baked Ziti</b>	<b>Sweet and Sour Pork Or Chicken Florentine</b>	<b>Lemon Pepper Cod Or Turkey Dijonaise</b>	<b>Lentil Shepherd's Pie Or Beef Burgundy</b>	<b>Herbed Roasted Turkey Or Cranberry Pork Loin</b>
<b>Side Dishes</b>	<b>Egg Noodles &amp; Squash and Peppers</b>	<b>Fluffy Rice &amp; Asian Vegetables</b>	<b>Quinoa &amp; Baby Lima Beans</b>	<b>Maple Dijon Brussel Sprouts &amp; Mashed Potatoes</b>	<b>Parslied Potatoes &amp; Baked Winter Squash</b>
<b>Dessert (Please Circle One)</b>	<b>Pear Crisp Or Peaches in Orange Sauce</b>	<b>Chocolate Mousse Or Cinnamon Pears</b>	<b>Frosted Carrot Cake Or Scalloped Apples</b>	<b>Frosted Pumpkin Bar Or Fruit Salad</b>	<b>Pears Or Cookies</b>
<b>Evening Meal</b>	<b>Turkey and American on Wheat Lettuce and Tomato Fresh Fruit</b>	<b>Ham &amp; Cheese on Bun Tossed Lettuce Salad Fresh Fruit</b>	<b>Roast Beef on Wheat Lettuce &amp; Tomato Pasta Salad Fresh Fruit</b>	<b>Sliced Chicken &amp; Cheese on Croissant Potato Salad Fresh Fruit</b>	<b>Egg Salad on Wheat Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

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	<b>MONDAY NOVEMBER 11th</b>	<b>TUESDAY NOVEMBER 12<sup>th</sup></b>	<b>WEDNESDAY NOVEMBER 13<sup>th</sup></b>	<b>THURSDAY NOVEMBER 14<sup>th</sup></b>	<b>FRIDAY NOVEMBER 15th</b>
<b>Entrée (Please Circle One)</b>	<b>Braised Lentils with Parsip Or Swiss Steak</b>	<b>Seafood Gumbo Or Apricot Glazed Pork Loin</b>	<b>Beef Hungarian Goulash Or Roast Turkey and Gravy</b>	<b>Chicken Sausage w/th Zucchini Or Parmesan Crusted Tilapia</b>	<b>Italian Turkey Meatloaf Or Grilled Ham &amp; Pineapple</b>
<b>Side Dishes</b>	<b>Herbed Penne Pasta &amp; Sicilian Blend of Vegetables</b>	<b>Fluffy Rice &amp; Southern Style Okra</b>	<b>Macaroni Pasta w/th Parsley &amp; Brussel Sprouts &amp; Tomato</b>	<b>Herbed Couscous &amp; Chuck Wagon Corn</b>	<b>Herbed Green Beans &amp; Mashed Potatoes</b>
<b>Dessert (Please Circle One)</b>	<b>Pumpkin Pecan Cheesecake Bar Or Fruit Cocktail</b>	<b>Banana Cream Pie Or Chilled Apricots</b>	<b>Baked Custard Or Blushing Pineapple</b>	<b>Macaroon Cookies Or Pears with Vanilla Sauce</b>	<b>Vanilla on Chocolate Cake Or Hot Spiced Apples</b>
<b>Evening Meal</b>	<b>Italian Sub Lettuce and Tomato Pasta Salad Fresh Fruit</b>	<b>Bologna and American on White Tossed Lettuce Salad Fresh Fruit</b>	<b>Chicken Salad on White Lettuce &amp; Tomato Pasta Salad Fresh Fruit</b>	<b>Turkey and American on Wheat Lettuce &amp; Tomato Potato Salad? Fresh Fruit</b>	<b>Ham and Cheese on Bun Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

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	<b>MONDAY NOVEMBER 18th</b>	<b>TUESDAY NOVEMBER 19<sup>th</sup></b>	<b>WEDNESDAY NOVEMBER 20th</b>	<b>THURSDAY NOVEMBER 21st</b>	<b>FRIDAY NOVEMBER 22nd</b>
<b>Entrée (Please Circle One)</b>	Shrimp Creole over Rice Or Pork Fried Rice	Roasted Greek Chicken Or Pork Medallions	Beef Short ribs Or Oven Fried Chicken	Turkey Marsala Or Baked Tilapia	Cranberry Chicken Or Vegetable Primavera
<b>Side Dishes</b>	Asian Vegetables & Dinner Roll	Mediterranean Orzo & Seasoned Broccoli Florets	Cheese Grits & Lyonnais Carrots	Mashed Potatoes & Green Beans Oregano	Quinoa w/th Sauteed Mushrooms & Dinner Roll
<b>Dessert (Please Circle One)</b>	Frosted Cake Or Caramel Apple Slices	Pudding Parfait Or Peach Pinwheel	Apple Cookies Or Tropical Fruit Cup	Pineapple Up-sidown Cake Or Fresh Fruit Salad	Bread Pudding Or Fruit Gelatin
<b>Evening Meal</b>	Roast Beef on Wheat Lettuce and Tomato Fresh Fruit	Sliced Chicken and Cheese on Croissant Tossed Lettuce Salad Fresh Fruit	Egg Salad on Wheat Lettuce & Tomato Pasta Salad Fresh Fruit	Italian Sub Lettuce & Tomato Potato Salad Fresh Fruit	Bologna and American on White Lettuce & Tomato Coleslaw Fresh Fruit

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	<b>MONDAY NOVEMBER 25<sup>th</sup></b>	<b>TUESDAY NOVEMBER 26<sup>th</sup></b>	<b>WEDNESDAY NOVEMBER 27<sup>th</sup></b>	<b>THURSDAY THANKSGIVING DAY</b>	<b>FRIDAY NOVEMBER 29<sup>th</sup></b>
<b>Entrée (Please Circle One)</b>	<b>Lemon Glazed Chicken Or Pepperoni Pizza</b>	<b>BBQ Pork Ribs Or Turkey Divan</b>	<b>Roast Turkey w/Dressing Or Swedish Meatballs</b>	<b>THANKSGIVING HOLIDAY DAY WEEKEND 2 DAYS OF HOME DELIVERY OFF!!!</b>	<b>THANKSGIVING HOLIDAY DAY WEEKEND 2 DAYS OF HOME DELIVERY OFF!!! DEC 2<sup>nd</sup> Service Resumes.</b>
<b>Side Dishes</b>	<b>Herbed Potatoes Or Lyonnais Carrots</b>	<b>Rice Pilaf &amp; Spinach w/th Peppers</b>	<b>Mashed Potatoes &amp; Peas and Mushrooms</b>	<b>NO DELIVERIES TODAY/FRIDAY!!! IF YOU NEED EXTRA MEALS ORDER THEM WELL IN ADVANCE!!!</b>	<b>NO DELIVERIES TODAY/FRIDAY!!! IF YOU NEED EXTRA MEALS ORDER THEM WELL IN ADVANCE!!!</b>
<b>Dessert (Please Circle One)</b>	<b>Frosted Spice Cake Or Spiced Peaches</b>	<b>Lemon Pecan Bar Or Caramel Apple Slices</b>	<b>Pumpkin Pie Or Fruit Gelatin</b>	<b>EXTRA MEALS CAN BE ORDERED FOR THE 27<sup>th</sup> BUT PLEASE DO SO WELL IN ADVANCE OF THE HOLIDAY WEEKEND...</b>	<b>EXTRA MEALS CAN BE ORDERED FOR NOV. 27<sup>th</sup> BUT PLEASE DO SO WELL IN ADVANCE OF THE HOLIDAY WEEKEND...</b>
<b>Evening Meal</b>	<b>Chicken Salad on White Lettuce and Tomato Fresh Fruit</b>	<b>Turkey and American on Wheat Tossed Lettuce Salad Fresh Fruit</b>	<b>Ham and Cheese on a Bun Lettuce &amp; Tomato Pasta Salad Fresh Fruit</b>	<b>WE ARE THANKFULL FOR ALL OF YOU!!! HAPPY THANKSGIVING WEEKEND!!!</b>	<b>WE ARE THANKFULL FOR ALL OF YOU!!! HAPPY THANKSGIVING WEEKEND!!!</b>

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Norwood Seniors Network home delivered meals are made in one main production kitchen so we cannot guarantee that food will be produced separately. Norwood Seniors Network cannot be held responsible for any issues resulting from food allergies.



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